



PICTURED ABOVE ARE major pieces of equipment worn by WHS grid-
ders. The top row includes a helmet and shoulder pads. The bottom row,
from left, includes thigh pads, rib pads, and knee pads.

Georgia Terronez Wins Coveted Lulac Crown

Georgia Terronez, '68, was crowned queen of the League of United Latin American Citizens (LULAC) Festival at 8:30 p.m. Saturday, September 17. She was escorted to her coronation at Danceland Ballroom by Mayor John Jebens and was crowned by Rep. John R. Schmidhauser.

Georgia entered the contest toward the latter part of July, competing against four other girls. Contracts were signed to sell tickets and the girl who sold the most tickets would be elected queen. By 2:00 a.m. on September 7 all the tickets had been counted and Georgia learned that she had sold the most tickets — 1,136.

"My parents teased me at first and told me I was second runner-up, and I was satisfied enough about that," recalled Georgia, "so when they tried to really convince me that I had won first place, I didn't believe them."

Besides the personal satisfaction achieved by this award, Georgia also gained materially — \$205.05. Out of this money she bought her coronation dress and she plans to save the remaining money for college.

Her activities at West include GRA, Spanish Club and tennis.

Georgia explained that the Lulac



Georgia

Club is a nation-wide organization devoted to bettering the education, cultural and economic standards of people of Latin-American descent. This festival was in commemoration of the result of the revolution of 1810 — the freedom of Mexico from Spanish rule.

That "Heavy Stuff" Gives Gridders Injury Protection

By Ken Ward

At almost every football game, one will overhear some young lady asking, "Why do those guys have to wear all that heavy stuff that makes them look so big?"

The reply to her question is simple: All that "heavy stuff" is worn by the gridder to afford him maximum protection from injury as he participates in one of the most rugged sports.

Every participant in the gridiron sport is issued numerous pieces of equipment that are particularly designed to give the player protection from specific types of injury.

Helmet Most Important

To begin, the helmet is considered the most important piece of equipment worn by a gridder. This hard plastic shell fits over the head, and is fastened securely under the chin by a leather strap. The primary importance of the helmet is to protect the player's face, head, and ears. Further protection for the face is provided by the face guard, which is fastened to the helmet, and fits directly across the face. In addition, a rubber mouthpiece is molded for the mouth. This small, but important piece of equipment greatly reduces the possibilities of chipped teeth, split gums, and other mouth injuries.

Shoulder Pads

The largest piece of equipment worn by a football player are the shoulder pads. These somewhat cumbersome pads are worn on top of the shoulders, and held on by straps under the arms. Shoulder pads are designed so as to prevent injury to a player's shoulders, collar bone, and breast bone. These

pads also afford some protection for a player's spinal column.

Vital protection for the kidney pelvic bone, and the sacrum lower spinal column, is provided by the hip pads. These pads, which resemble a corset, are an absolute necessity, since the mid-section of a football player often receives a brunt of contact.

Completing the list of major pieces of equipment are thigh and knee pads. These foam rubber or cushioned protective aids which inside of a player's pants are designed solely for the protection of the knees and thighs.

Minor Aids

In addition to the major pieces of equipment discussed, there are some minor aids such as the many yards of tape used during a season to protect a player's ankles and wrists from sprains. Also a forearm pad can be worn to prevent bruising or protect bruises which have been previously inflicted.

So, there is an important reason why those gridgers appear so bulky in all that football gear. Coaches and schools use every possible means to give each player maximum protection in the rugged sport.

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